

GENERAL MEMBERSHIP MEETING

Wednesday, June 20, 2007, 11:30 a.m. - 1:00 p.m., Royal Fork (Columbia Mall)

"Forklift Safety", Brad Erickson, Northland Community and Technical College

When Thunder Roars, Go Indoors! *Lightning Safety Week: June 24-30, 2007*

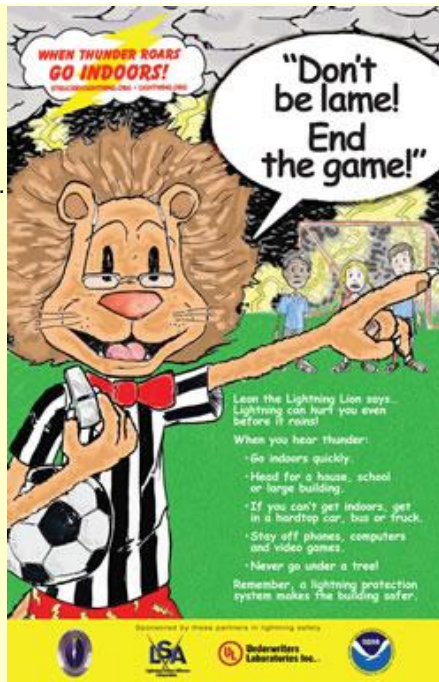
Check this site for [handouts](#), [indoor safety](#) and [outdoor risk reduction tips](#), [medical facts](#), [history](#), [survivor stories](#), [photos](#), [teacher tools](#) and [more](#). Our new [kids page](#) now includes a [Leon the Lion Safety](#) coloring sheet.

Summer is the peak season for one of the nation's deadliest weather phenomena—lightning. Safeguarding U.S. residents from dangerous lightning is the goal of this Website. The campaign is designed to lower lightning death and injury rates and America's vulnerability to one of nature's deadliest hazards.

In the United States, an average of 66 people are killed each year by lightning. In 2006, there were 47 confirmed deaths and 246 confirmed injuries. The injury number is likely far lower than it should be because many people do not seek help or doctors do not record it as a lightning injury.

People struck by lightning suffer from a variety of long-term, debilitating symptoms, including memory loss, attention deficits, sleep disorders, numbness, dizziness, stiffness in joints, irritability, fatigue, weakness, muscle spasms, depression, and an inability to sit for long.

Lightning is a serious danger. Through this site we hope you'll learn more about lightning risks and how to protect yourself, your loved ones and your belongings. As a start, get an overview of [Lightning Safety](#) or stop by our comprehensive page of [handouts](#), [brochures](#), [links and more](#).



Survivor Story: Cheryl Telephone Leads to Seizures

It all started one summer day June 1999. That year we were having terrible thunderstorms. I was at Wal-Mart when the storm came up and my daughter and I started home because my husband was putting a swimming pool in for someone and I wanted to warn him. As I was driving the lightning was coming straight down to the ground and it had started hailing along with the rain.

When I made it into the house I got on the phone and called him. All I had time to say was a thunderstorm was headed his way and about that time lightning hit the house and ran in on the phone line. My daughter, who was 13 years old at the time, heard the big boom. She came running into the living room. I told her not to touch me because I know electrical current can travel from one person onto another and by this time the current from the lightning hit me in my right ear ran across my chest and out my left arm.

Because I'm a nurse and know what electrical shock can do, I was worried my heart would go into an abnormal rhythm. I was walking, talking and seemed ok so I didn't go to the emergency room. With my phone now being out along with all my electrical outlets in the kitchen, I didn't want an emergency room bill to go along with all of that (smile).

A few weeks after that happened I started having petit mal seizures which I'll have for the rest of my life. I just thank God I'm still here and have a life because it could've been worse. Now, everyone I meet, I try to do a little education about lightning and what it can do.

[Info found at <http://www.lightningsafety.noaa.gov/>]

BOARD MEETING

BOARD MEMBERS WILL MEET THE SECOND THURSDAY IN JULY (6:00 – 8:00 PM)
GRAND FORKS PARK DISTRICT
1210 7TH AVE S

NEXT MEETING → July 12th

- **WELCOME ROBERT HEWITT – OUR NEWEST BOARD MEMBER!!!**
- Our annual picnic will be held on Wednesday, August 15th @ Lincoln Drive Park, 1319 Lincoln Drive, Grand Forks. (There will not be a noon meeting that day.)
- Our Fall Seminar is now in the planning stage – your help is always welcome!

BOARD MEMBERS

Steve Harken (President)
Al Maloney (Vice President)
Joe Strang (Treasurer)
Debbie Pierson (Secretary)
Pat Balstad • Robert Hewitt
Davis Hoverson • Bonnie Knutson
Cedric Masa • Lyle Ross • Annette Shane

COMMITTEES

Communication Committee

(Linda Wiley, Carol Gierszewski, Bonnie Knutson, Annette Shane)

- Need one of our registration forms for a potential member? Go to our website @ www.nosha.net ⇒ Become A Member ⇒ Application Form or ⇒ NOSHA Brochure

Education Committee

(Bonnie Knutson, Pat Balstad)

(Upcoming GM Meeting Presentations)

- **July 18, 2007**
- "Lockout/Tagout", Brian Harris, Century Electric
- **August 15, 2007**
- NO NOON MEETING – Picnic at Lincoln Drive Park (6:00 PM) – All NOSHA members and families are welcome!

Membership Committee

(Davis Hoverson)

★ **62 MEMBERS STRONG...and GROWING!**

★ **WELCOME – Pribbs Steel & Manufacturing**

NOSHA is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals and ideas to promote workplace safety. As a member of NOSHA, you will be joining area safety professionals dedicated to their profession, energized on career enhancement and who have a genuine interest for safety in the work place.

THANK YOU NOSHA FOR SUPPLYING DOOR PRIZES FOR OUR MAY GM MEETING!