

GENERAL MEMBERSHIP MEETING

Wednesday, June 18, 2008, 11:30 a.m. - 1:00 p.m., Royal Fork (Columbia Mall)

"AED Demo - Cardiac Symptoms to Watch For", Jerry Vein, GF Fire Dept.

CONTROLLING MOSQUITOES IN URBAN & RURAL AREAS

Taking the time to learn a little bit about mosquitoes can make for an enjoyable pest-free summer. Communities that are fortunate enough to have comprehensive mosquito control programs can benefit substantially by reducing the mosquito population and the risk of West Nile virus. Mosquito control is expensive and not all communities can afford comprehensive mosquito control programs. However, by taking a few simple steps, you may be able to reclaim your back yard. Here are four simple steps that will help reduce the mosquito population on your property in both rural and urban areas.

- 1. Eliminate Breeding Habitat** – Mosquitoes can reproduce anywhere that water collects and remains for as little as one week. By eliminating standing water on your property, you can prevent mosquitoes from reproducing there.
- 2. Make Your Property Undesirable For Mosquitoes** – The majority of mosquitoes in the Grand Forks area are night biters. However, if kicked up during the day in shaded areas, you can expect to be bitten. They are normally active from a couple hours before sundown until mid-morning. Once the temp starts to rise, they head for cover in cool, shaded, moist areas. By keeping your grass and weeds cut short and shrubbery trimmed, you'll reduce the resting sites for mosquitoes.
- 3. Protect Yourself** – Wear protective clothing to cover exposed skin. Apply an effective insect repellent. The Centers for Diseases Control & Prevention recommends repellents that contain DEET, picaridin, or oil of lemon eucalyptus. DEET is not recommended for children under 2 months old.
- 4. Apply Barrier Treatments** – Mosquito barrier treatments are products designed to repel or kill mosquitoes on contact. Permethrin is a common active ingredient in these products. Barrier treatments are residual products, meaning they'll continue working for an extended amount of time. (one – three weeks).

GET INVOLVED – REDUCE MOSQUITOES IN YOUR BACKYARD

This may come as a surprise to you, but the majority of the mosquitoes in our community come from our own property. That's right; we unintentionally raise these pests in our own backyards. Mosquitoes can reproduce anywhere that water collects and remains for as little as one week. The Grand Forks Public Health Department has an aggressive larvicide program that has identified and mapped more than 1,000 sites around our community. These sites are checked on a weekly schedule and treated with products that prevent adult mosquitoes from hatching. However, they still need our help. They do not have the resources to inspect all of the private property in the city. We can help by getting our children or grandchildren involved with weekly inspections of our property. Use this checklist once a week to reduce and eliminate mosquito breeding habitat. Assign the responsibility to the kids. They'll love it! For copies of this home checklist and additional information about mosquito control, contact Todd Hanson (thanson@grandforksgov.com) at the Grand Forks Public Health Department at 787-8110 or visit their website at www.gfmosquito.com

Location	What To Do	Water Found	Water Not Found
Bird Bath	Change water weekly		
Boat/canoe	Drain or dump water and store upside down if possible		
Buckets,pails,barrels	Dump water and store upside down		
Cans,bottles,plastic jugs, jars	Dispose of, or dump water and cover, or store upside down		
Flower Pots	Dump water		
Low areas in your yard holding water	Fill in low areas or contact Mosquito Control Department		
Ornamental ponds	Mosquito Control Department for treatment		
Pet water dishes	Change water weekly		
Rain collection barrel	Cover with screen or contact Mosquito Control Department		
Standing water anywhere	Fill in low area or contact Mosquito Control Department		
Tarps (sagging)	Dump water		
Tires	Drills holes for draining or contact Mosquito Control Department		
Toys	Dump water		
Tree holes	Fill in holes with sand		
Wading /swimming pool	Drain or change water weekly when not in use		
Wheel barrow	Dump water and store upside down or cover with tarp		
Rain Gutters	Keep clean so water drains		
Other			

BOARD MEETING

BOARD MEMBERS WILL MEET ON TUESDAY, JULY 8TH BECAUSE OF THE HOLIDAY WEEKEND

6:00 – 8:00 PM.

GRAND FORKS PARK DISTRICT
1210 7TH AVENUE SOUTH

NEXT MEETING → July 8th

- Our "Fall Seminar" is now in the planning stage – *your help is always welcome!*
- Our annual picnic will be held on August 20th @ Lincoln Drive Park (no noon meeting that day)

BOARD MEMBERS

Steve Harken (President)
Dale Dahlen (Vice President)
Joe Strang (Treasurer)
Tracy Cameron (Secretary)
Pat Balstad • Carol Gierszewski
Robert Hewitt • Bonnie Knutson
Cedric Masa • Lyle Ross • Annette Shane

COMMITTEES

Communication Committee

(Linda Wiley, Carol Gierszewski, Bonnie Knutson, Annette Shane)

- Visit us at www.nosha.net for the latest updates and announcements!

Education Committee

(Bonnie Knutson, Pat Balstad)

(Upcoming GM Meeting Presentations)

- **July 16, 2008**
- "Jeopardy First Aid/CPR Event", Jackie Anderson, Continuous Improvement Specialist/RN, Northland College
- **August 20, 2008**
- Annual Picnic – 6:00 PM

Membership Committee

(Davis Hoverson)

★ **60+ MEMBERS STRONG...and GROWING!**

Annual membership includes reserved seating for lunch at monthly association meetings, a monthly newsletter, and any other printed materials that may be distributed. Membership is open to firms and individuals serving in the capacity of safety management as professionals or practitioners.

CONGRATULATIONS TO ALL THE LUCKY WINNERS OF THE NODAK ELECTRIC CAPS & NOSHA "WE CAN" KOOZIE CUPS (DOOR PRIZES FOR OUR APRIL GM MEETING)!

Mosquito Trivia

PO Box 14663, Grand Forks, ND 58208-4663 • www.nosha.net • info@nosha.net

1. What state had the highest number of West Nile virus cases (per capita) during the 2007 season? a. Minnesota, b. North Dakota, c. South Dakota, d. Montana
2. What's one of the best ways to prevent West Nile virus when you're outside? a. Eliminate standing water from your property, b. Barrier spray your property, c. Apply an insect repellent to yourself (repellent containing DEET), d. Wear pants and long sleeved shirt
3. The species of mosquito most common for transmitting West Nile virus is commonly found in the Grand Forks region? a. True, b. False

(Answer 1 : b : 2 : c : 3 : a)