

## GENERAL MEMBERSHIP MEETING

Wednesday, November 17, 2010 - "Violence in the Workplace",  
Lt. Mike Ferguson, Grand Forks Police Department

### THE TWELVE SAFETY DAYS OF CHRISTMAS

by Christina Marshall



**I know, I know, it's not December yet, but I just couldn't help myself.....& this way you have time to PRACTICE!**

On the first day of Christmas,  
My workplace gave to me:  
A day home safe with family.

On the second day of Christmas,  
My workplace gave to me:  
Two hearing plugs,  
and a day home safe with family.

On the third day of Christmas,  
My workplace gave to me:  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the fourth day of Christmas,  
My workplace gave to me:  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the fifth day of Christmas,  
My workplace gave to me:  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the sixth day of Christmas,  
My workplace gave to me:  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the seventh day of Christmas,  
My workplace gave to me:  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the eighth day of Christmas,  
My workplace gave to me:  
Eight safe work procedures,  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.



On the ninth day of Christmas,  
My workplace gave to me:  
Nine supplier labels,  
Eight safe work procedures,  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the tenth day of Christmas,  
My workplace gave to me:  
Ten observations,  
Nine supplier labels,  
Eight safe work procedures,  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

On the eleventh day of Christmas,  
My workplace gave to me:  
Eleven committee minutes,  
Ten observations,  
Nine supplier labels,  
Eight safe work procedures,  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family.

**On the twelfth day of Christmas,  
My workplace gave to me:  
Twelve inspection checklists,  
Eleven committee minutes,  
Ten observations,  
Nine supplier labels,  
Eight safe work procedures,  
Seven stretching programs,  
Six fire extinguishers,  
Five hazard cards!  
Four first aid kits,  
Three safety vests,  
Two hearing plugs,  
and a day home safe with family!!!**

### BOARD MEETING

BOARD MEMBERS MEET THE FIRST THURSDAY OF THE MONTH/6:00-8:00 PM. GRAND FORKS PARK DISTRICT, 1210 7<sup>TH</sup> AVENUE SOUTH  
NEXT MEETING → December 2<sup>ND</sup>

- **We need candidates for the upcoming Board election.** Please consider serving as a Board Member – THERE ARE 4 SPOTS TO FILL. The following terms are ending in December (Tracy Cameron, Carol Gierszewski, Eric Pearson and Annette Shane). *Please feel free to contact any member of our Board to see how easy and rewarding it is to serve as a "Safety Leader" or join us at our November 4<sup>th</sup> Board meeting and see for yourself!* E-mail Annette Shane at [ashane@gfparks.org](mailto:ashane@gfparks.org) to get your name added to the ballot!

#### BOARD MEMBERS

Carol Gierszewski (PRESIDENT)  
Christin McWaters (VICE-PRESIDENT)  
Joe Strang (TREASURER)  
Tracy Cameron (SECRETARY)  
Todd Brady • Davis Hoverson  
Rachel Kmecik • Tim Krile • Eric Pearson  
Lyle Ross • Annette Shane

### COMMITTEES

#### Communication Committee

(Linda Wiley, Carol Gierszewski, Bonnie Knutson, Annette Shane)

- *Has your contact information changed?* Please e-mail Linda Wiley at [info@nosha.net](mailto:info@nosha.net) with any updates.

#### Education Committee

(Bonnie Knutson, Lyle Ross)

(Upcoming GM Meeting Presentations)

- **December 15, 2010**  
- "Beat the Bug", Milissa Van Eps, BCBS of North Dakota

#### Membership Committee

(Davis Hoverson, Rachel Kmecik)

- ★ **60+ MEMBERS STRONG...and GROWING!**
- ★ **WELCOME Nordic Fiberglass, Inc.**  
- **Our Newest Member!**

NOSHA is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals and ideas to promote workplace safety.

**THANK YOU FORKS EQUIPMENT, LUNSETH PLUMBING & HEATING COMPANY, and RYDELL GM AUTO CENTER FOR SUPPLYING DOOR PRIZES FOR OUR OCTOBER GM MEETING!**



**"TIME OUT"**

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**Safety has no time out →**