

## GENERAL MEMBERSHIP MEETING

Wednesday, April 20<sup>th</sup>, 2011 @ 11:30 “Root Cause Analysis”, Roger Oliver, Dakota MEP

### April is Eye Safety Month

Always use the proper protection when engaged in any activity that could cause eye injury



#### Play Sports Safely

Various types of injuries occur while playing sports, such as strained muscles and torn ligaments, but your Eye M.D. (ophthalmologist) wants you to know that **many of the most serious injuries are eye injuries.**

Every year thousands of people, many of which are children, damage or lose their vision from sports-related eye injuries. **However, the good news is that 90 percent of these eye injuries are preventable if appropriate protective eyewear is worn.**

Read below to find the recommended protective eyewear for your sport:

Sport	Eye Protection
Basketball	Sports Goggles with Polycarbonate Lenses
Baseball & Softball	Polycarbonate or Wire Face Guards on Helmet for Batter; Sports Goggles with Polycarbonate Lenses on Field
Football	Polycarbonate Eye Shield Attached to Wire Face Mask
Paintball	Full Face Protection
Racquet Sports	Sports Goggles with Polycarbonate Lenses
Skiing/Snowboarding	High Impact Resistant Eye Protector
Soccer	Sports Goggles with Polycarbonate Lenses
Tennis	Sports Goggles with Polycarbonate Lenses

For more information, please see the website sponsored by the American Academy of Ophthalmology at: <http://www.aao.org/>

#### Work Safely

Each year, more than 700,000 work-related eye injuries occur and \$467 million in losses are incurred in medical costs, lost time, and worker compensation. Fortunately, approximately 90 percent of workplace eye injuries are easily prevented with the proper use of safety eyewear.

**With nearly one million Americans suffering from some degree of sight loss due to eye injury,** taking the proper precautions and safety steps is important.

- Wear the proper eye protection for the task at hand, i.e., when working with chemicals that may splash, wear goggles with side shields.
- Make sure your eye protection fits snugly.
- Keep it well maintained, scratched and dirty lenses can reduce vision and cause a glare. Tinted lenses should not be worn in poorly lit areas.

The Department of Labor's Office of Health and Safety reported that many work-related eye injuries happen because workers are not aware the eye hazards around them. The most common on-the-job eye hazards include:

- Flying objects
- Dust and particles
- Light and heat exposure
- Chemicals and other dangerous Liquids - *Emergency eye wash stations are a good choice when working with chemicals and other dangerous liquids to immediately flush contaminants out of the eyes after exposure. They should be located near high-risk areas and should have the ability to be activated immediately.*



### BOARD MEETING

Board members meet the first Thursday of the month – 6:00-8:00 pm at the Valdak Corp. 1149 36<sup>th</sup> Ave. S (Valley Dairy)

**NEXT MEETING** ☞ May 5<sup>th</sup>

#### 2011 BOARD MEMBERS

- Eric Pearson** (President)  
*UND Campus Safety & Security*
- Christin McWaters** (Vice-President)  
*UND Campus Safety & Security*
- Joe Strang** (Treasurer)  
*Valley Dairy Car Wash*
- Cindy Holweger** (Secretary)  
*Development Homes*
- Todd Brady**  
*Marvin Windows and Doors*
- Davis Hoverson**  
*Workforce Safety & Insurance*
- Rachel Kmecik**  
*Grafton Equipment Company*
- Rick Else**  
*Workforce Safety & Insurance*
- Lyle Ross**  
*Vigen Construction, Inc.*

### COMMITTEES

#### Communication Committee

(Linda Wiley, Annette Shane, Todd Brady)  
♦ Visit us at [www.nosha.net](http://www.nosha.net) for the latest updates and announcements!

#### Education Committee

(Rick Else, Lyle Ross)  
Upcoming GM Meeting Presentations  
♦ Bryan Klipfel, Director of WSI (May 18<sup>th</sup>)  
♦ Martin Nielsen, ND OSH Consultation Program – Bismarck State (June 15<sup>th</sup>)  
♦ NOSHA Membership Appreciation Picnic (July 20<sup>th</sup>)

#### Membership Committee

(Davis Hoverson, Rachel Kmecik)  
**60+ MEMBERS STRONG...and GROWING!**

**THANK YOU! DEVELOPMENT HOMES FOR SUPPLYING DOOR PRIZES FOR OUR MARCH GM MEETING!**

Thanks to all the guests who attended the evening social! It was great to see some new faces and hope to see YOU next time! ☺



### Easter Fun Fact

90 million chocolate Easter bunnies are made for Easter each year. Of these, when taking a bite into a chocolate bunny, 76% of Americans prefer to bite off the ears first. 5% eat the feet first and 4% eat the tail first.

**NOSHA** is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals and ideas to promote workplace safety.