



PO Box 14663
 Grand Forks, ND 58208-4663
 www.nosha.net ♦ info@nosha.net

NOSHA News

June 2015

General Membership Meeting

Wednesday, June 17th at the VFW, 312 DeMers Ave, East Grand Forks MN 56721

Our topic will be "SkyWarn Spotter Short Course" presented by Greg Gust, National Oceanic and Atmospheric Administration

Severe Summer Weather Safety Tips

These Severe Weather Safety Tips are provided courtesy of the National Weather Service.

Lightning: What You Need to Know

- o **NO PLACE** outside is safe when thunderstorms are in the area!!
- o If you hear thunder, lightning is close enough to strike you.
- o When you hear thunder, *immediately* move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.
- o Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.

Indoor Lightning Safety

- o Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.
- o Avoid plumbing, including sinks, baths and faucets.
- o Stay away from windows and doors, and stay off porches.
- o Do not lie on concrete floors, and do not lean against concrete walls.

Last Resort Outdoor Risk Reduction Tips

If you are caught outside **with no safe shelter anywhere nearby** the following actions *may* reduce your risk:

- o Immediately get off elevated areas such as hills, mountain ridges or peaks
- o Never lie flat on the ground
- o Never shelter under an isolated tree
- o Never use a cliff or rocky overhang for shelter
- o Immediately get out and away from ponds, lakes and other bodies of water
- o Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

Myths and Facts About Lightning

Myth: If it is not raining, there is no danger from lightning

Fact: Lightning often strikes away from rainfall. It may occur as far as ten miles away from rainfall.

Myth: Rubber soles on shoes or rubber tires on a car will protect you from being injured by lightning.

Fact: Rubber provides no protection from lightning. However, the steel frame of a hard-topped vehicle provides some protection if you are not touching metal.

Myth: People struck by lightning carry an electrical charge and should not be touched.

Fact: Lightning victims carry no electrical charge and should be attended to immediately.

Myth: Heat lightning occurs on very hot summer days and poses no threat.

Fact: What is referred to as heat lightning is actually lightning from a thunderstorm too far away for thunder to be heard. However, the storm may be moving in your direction.

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What To Do During a Tornado

- o The safest place to be is an underground shelter, basement or safe room.
- o If no underground shelter or safe room is available, a small, windowless interior room or hallway on the lowest level of a sturdy building is the safest alternative.
- o Mobile homes are not safe during tornadoes or other severe winds.
- o If you are caught outdoors, seek shelter in a basement, shelter or sturdy building.
- o If you cannot quickly walk to a shelter immediately get into a vehicle, buckle your seat belt and try to drive to the closest sturdy shelter. If you see large objects flying past while you are driving, pull over and park. You now have two choices:
 1. Stay in the car with the seat belt on. Put your head down below the windows, covering with your hands and a blanket if possible.
 2. If you can safely get noticeably lower than the level of the roadway, in a deep ditch for instance, exit your car and lie in that area, covering your head with your hands.

For more severe weather safety information, visit www.weather.gov

2015 NOSHA Member Appreciation Picnic

NOSHA will hold its annual Member Appreciation Picnic on Wednesday, July 15th from 6-8 pm. We invite you to bring your family or co-workers to the Riverside Park Pavilion for a good meal and a chance to mingle with your fellow NOSHA members in a casual environment.

Bring a potential NOSHA member as a guest to get your name submitted into a cash prize raffle!

RSVP to info@nosha.net by Monday, July 13th with your number of attendees and food choice (steak, chicken, hot dog).

***There will be no July General Membership Meeting
***An invitation e-mail will be sent out by June 24.

BOARD MEETING

Board members meet monthly from 11:00-1:00

NEXT MEETING July 14

2015 BOARD MEMBERS

Dan Mankie (President)
Cirrus Aircraft

Eric Pearson (Vice President)
CHS (Cenex Transportation)

Tony Vigness (Vice President)
Black Gold Farms

Callie Wagner (Treasurer)
Minnkota Power Cooperative

Cindy Holweger (Secretary)
Development Homes

Joe Strang
Valley Dairy Car Wash

Lyle Ross
Vigen Construction

Dave Opp
Opp Construction

Sally Miskavige
Opp Construction

Dean Riley
Steffes Corporation

COMMITTEES

Communication Committee/Newsletter
(Tony Vigness)

Visit nosha.net for the latest announcements!

Education Committee
(Lyle Ross, Tony Vigness)

Upcoming GM Meeting Presentations
June: Greg Gust, NOAA—*SkyWarn Spotter Short Course*

July: No GM Meeting—NOSHA Picnic

Membership Committee
(Dave Opp, Eric Pearson)

NOSHA is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals, and ideas to promote workplace safety.