

GENERAL MEMBERSHIP MEETING

Wednesday, November 21st 2012 from 11:30 am to 1:00 pm @ Speedway Restaurant
Rob Forward, WSI Director of (SIU) Special Investigations Unit will discuss Workers Compensation Fraud

Slips, Trip and Falls

Slips, trips and falls is the number 1 reason for an industrial injury in the United States. More workers are hurt due to slips, trip or falls than any other reason. Over the years we've had several incidents from tripping on strapping to slipping on oil. This week we'll look specifically at Slips, Trips and Falls.

Thousands of disabling injuries—and even deaths—occur each year as a result of slips, trips, and falls:

- From heights, on stairs, and on level ground
- At work and at home



Maintain Work Areas to Prevent Slips, Trips, and Falls

This is probably the most important thing you can do to prevent this type of accident. Housekeeping is the key to preventing slips, trips and falls.

- Keep walkways, aisles, and stairs free of tools, materials, and other hazards.
- Clean up any leaks or spills on floors, stairs, entranceways, and loading docks promptly.
- Repair or report floor problems, such as broken planks, missing tiles, etc.
- Block off and mark floor areas that are being cleaned or repaired.
- Keep cords, power cables, and air hoses out of walkways.
- Place trash promptly in proper containers.
- Keep drawers closed.
- Take Precautions on Stairs and Dock Edges
- Report missing or broken stair rails and slippery or damaged treads.
- Walk, don't run, on stairs. Hold onto stair rails while going up and down.
- Don't jump off platforms and loading docks, and stay away from edges.
- Don't carry a load you can't see over, especially on stairs or around dock edges.

BOARD MEETING

Board members meet the first Thursday of the month – 6:00-8:00 pm at the Valdak Corp. 1149 36th Ave. S (Valley Dairy)

NEXT MEETING November 1st

2012 BOARD MEMBERS

Eric Pearson (President)
UND Campus Safety & Security

Christin McWaters (Vice-President)
UND Energy Environmental Research Center

Joe Strang (Treasurer)
Valley Dairy Car Wash

Cindy Holweger (Secretary)
Development Homes

Carol Gierszewski
Gierszewski Enterprises

Davis Hoverson
Workforce Safety & Insurance

Dan Mankie
Cirrus Aircraft

Rachel Kmecik
Grafton Equipment Company

Rick Else
Workforce Safety & Insurance

COMMITTEES

Communication Committee

(Linda Wiley, Dan Mankie)

- Visit us at www.nosha.net for the latest updates and announcements!

Education Committee

(Rick Else)

Upcoming GM Meeting Presentations

- December – Christmas Party

Membership Committee

(Christin McWaters, Rachel Kmecik)

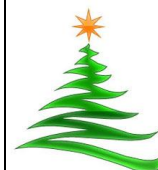
"60 MEMBERS STRONG and GROWING!"

NOSHA is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals, and ideas to promote workplace safety.

OSHA® Releases 10 most cited violations for fiscal 2012

The full list of top 10 most cited violations for federal OSHA standards for both general industry and construction includes:

1. Fall protection – 7,250 violations
2. Hazard communication – 4,696 violations.
3. Scaffolding – 3,814 violations
4. Respiratory protection – 2,371 violations.
5. Ladders – 2,310 violations
6. Machine guarding – 2,097 violations
7. Powered industrial trucks – 1,993 violations
8. Electrical wiring – 1,744 violations
9. Lockout/tagout – 1,572 violations
10. Electrical (general) – 1,332 violations



Join us for the **NOSHA** Christmas party December 19th at the Speedway Restaurant @ 11:30 am!
Come for door prizes, fun games and GREAT company!! See you there!