



The Energized Approach for Achieving a Safe, Healthy and Productive Workplace

The Northern Occupational Safety and Health Association is proud to announce this dynamic four hour seminar.

Presenter: Michael Melnik, MS, OTR (Prevention Plus Inc.)

Date: Thursday, September 21, 2006

Time: 8:30 AM to 12:30 PM

Location: Best Western Townhouse
710 1st Ave N, Grand Forks, ND

Cost: No Charge

The seminar will cover the history of safety, injury prevention, training, stretching and warm-up (we don't know where we're going if we don't know where we've been).

You will learn to understand the 10 essential energy sources: Commitment, Communication, Consistency, Accountability, Flexibility, Creativity, Recognition, Respect, Inclusion, and Fun.

You will learn to apply the 10 energy sources to the following:

1. Training (getting the greatest return on investment for your training efforts)
2. Stretching/warm up (introducing "blink!")
3. Day to day safety activities (making safety the normal course of business)

Mr. Melnik will teach you how to keep the safety process in your business alive and growing, utilizing the energized approach.

This seminar will benefit employers of all sizes and industries!

For more information, visit the NIOSH website: www.niosh.net

Registration instructions are found on the website.

Register early. Seating is limited!

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