



PO Box 14663  
 Grand Forks, ND 58208-4663  
 www.nosha.net ♦ info@nosha.net

# NOSHA News

April 2015

## General Membership Meeting

**Wednesday, April 15th at the VFW, 312 DeMers Ave, East Grand Forks MN 56721**

We will be conducting a team building exercise, presented by Opp Construction and Minnkota Power

## **Distracted Driving Awareness Month**

*April is the National Safety Council's Distracted Driving Awareness Month. The following is an excerpt from [www.nsc.org](http://www.nsc.org) highlighting the dangers of using hands-free devices while driving.*

### **The Hands—Free Myth**

*Do you think using a hands-free device—whether it's an earpiece or a dashboard infotainment system—is the safe way to drive and talk on the phone?*

If so, you're not alone. A recent National Safety Council poll shows that 80% of U.S. drivers believe hands-free cell phones are safer than using handheld.

However, it's just not true. More than 30 studies show that using hands-free systems provide drivers no safety benefit. Even with both hands on the wheel and your eyes on the road, your mind is distracted from the task of driving. Think about it, people have been driving stick shift for decades—the issue is not about keeping two hands on the wheel.

The NSC poll also found that 53% of respondents believe hands-free devices must be safe to use if they are built into vehicles. Add to that many state laws requiring people to use hands-free, and it's no wonder there's confusion.

*The results are in:*

1. Hands-free features in dashboard actually increase mental distraction
2. Using voice-to-text is more distracting than typing texts while driving
3. Drivers who text with their hands or voice (using speech-to-text systems) keep their eyes on the road less often and have reaction times twice as slow.

**Learn why at [nsc.org/cellfree](http://nsc.org/cellfree)  
 #CallsKill**

NSC.org offers a lot of great material to promote distracted driving awareness at your workplace. Visit the website to download posters, fact sheets, infographics and workplace cell phone policy kits.

**Calls kill**  
 Hands-free is not risk-free



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## Thank You!

**Through the generous donations of those who attended the annual NOSHA Evening Social on April 2, we were able to raise over \$600 to fund future NOSHA events!**

Thank you again to the following companies and individuals who donated silent auction items!

**Border States Electric  
 McFarlane Sheet Metal  
 R & R Contracting  
 Hugo's  
 Minnkota Power  
 Opp Construction**

**Sanny & Jerry Ryan Center for Prevention & Genetics  
 Development Homes**

**Jason Uhlir  
 Sioux Shop at Ralph Engelstad Arena  
 Valley Dairy**

## BOARD MEETING

Board members meet the first Monday of the month – 6:00-8:00 pm

**NEXT MEETING May 5**

### 2014 BOARD MEMBERS

**Dan Mankie** (President)  
*Cirrus Aircraft*

**Eric Pearson** (Vice President)  
*CHS (Cenex Transportation)*

**Tony Vigness** (Vice President)  
*Black Gold Farms*

**Callie Wagner** (Treasurer)  
*Minnkota Power Cooperative*

**Cindy Holweger** (Secretary)  
*Development Homes*

**Joe Strang**  
*Valley Dairy Car Wash*

**Lyle Ross**  
*Vigen Construction*

**Dave Opp**  
*Opp Construction*

**Sally Miskavige**  
*Opp Construction*

## COMMITTEES

**Communication Committee/Newsletter**  
 (Tony Vigness)

Visit us at [www.nosha.net](http://www.nosha.net) for the latest updates and announcements!

**Education Committee**  
 (Lyle Ross, Tony Vigness)

**Upcoming GM Meeting Presentations**  
 April: Opp Construction, Minnkota Power— Team Building Exercise  
 May: TBD

**Membership Committee**  
 (Dave Opp, Eric Pearson)

**NOSHA** is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals, and ideas to promote workplace safety.



## CAPTION THIS

Submit a caption for this photo to [info@nosha.net](mailto:info@nosha.net).

Submissions will be reviewed by members of the NOSHA board.

If your caption is selected as our favorite, you'll win some free NOSHA swag!

Please keep your submissions HR appropriate.