



#### **What is NOSHA?**

The Northern Occupational Safety and Health Association (NOSHA) is a nonprofit organization founded in 2001 in the state of North Dakota to provide regional safety professionals a forum for sharing safety concerns, goals, and methods for promoting workplace safety. NOSHA is a 501 (c)(4) tax-exempt entity. For more information about NOSHA visit us at [www.nosha.net](http://www.nosha.net)

Each year as part of our mission, NOSHA sponsors an educational safety seminar intended to build the skills of safety professionals and promote awareness of occupational safety. These seminars are FREE to registered participants.

In addition to the annual seminar, NOSHA members receive monthly training and a free lunch at our general membership meetings.

Interested in joining NOSHA?  
Reach out to us at  
[info@nosha.net](mailto:info@nosha.net).

## You're Invited to the NOSHA 2015 Safety Conference **Safety: Your Legal Responsibility** Presented by Adele Abrams

October 6th, 2015

Alerus Center Ballroom 5

1200 S 42nd Street, Grand Forks, ND

This half-day program runs from 8:30 am to approximately 12:30 pm  
(See agenda for details at [www.nosha.net](http://www.nosha.net))

Check-In 7:00 am to 8:30 am.

Join us for breakfast! Served from 7:30 am to 8:25 am.

For complete conference information and  
**on-line registration** visit us at [www.nosha.net](http://www.nosha.net)

This Conference is Free to Registered Participants!

This conference fulfills the annual safety seminar attendance requirement for the North Dakota Workforce Safety and Insurance (WSI) Safety Management Program (SMP).



### Keynote Speaker

Adele L. Abrams is an attorney, Certified Mine Safety Professional and trained mediator who is president of the Law Office of Adele L. Abrams P.C. in Beltsville, MD, Denver, CO, and Charleston, WV. The firm represents employers in OSHA and MSHA litigation nationwide. Adele also provides consultation, safety audits and training services to regulated companies. She is an adjunct faculty member at the Catholic University of America.

She is a graduate of the George Washington University's National Law Center, and earned her B.S. in Journalism from the University of Maryland, College Park. She is an active member of the American Society of Safety Engineers' construction, mining and consulting practice specialties, and in 2000, 2008, 2011 and 2012, Adele received Safety Professional of the Year awards from ASSE. She is also chair of the National Safety Council's Committee on Regulatory, Standards and Legal Affairs and is on the board of the Chesapeake Region Safety Council. She is co-author of the textbooks, *the Safety Professional's Handbook*, and *Construction Safety Management and Engineering*.



### Opening Speaker

Mark J. Lindquist is a former certified American Red Cross Disaster Action Team member who provided emergency services at Ground Zero, at the Pentagon, and on multiple major natural disasters nationwide. Mark also has experience as a Department of Homeland Security consultant who has worked on major metropolitan inter-agency disaster communication exercises.

## Program Description

This year's safety conference is about understanding your legal responsibilities as a supervisor or business owner.

### Mark J. Lindquist: Gratitude—Live It! (8:30 am - 9:10 am)

Mark will give the audience compelling examples of why safety in the workplace must be the first thing on an employee's mind. Mark draws from experience as a wild land firefighter with the National Park Service and Habitat for Humanity site build captain. His presentation will establish the "why" behind the "what" when it comes to safety practices.

### Adele Abrams: Legally Effective Incident Investigations (9:10 am - 10:00 am)

Incident investigations can range from "near miss" events to fatalities, but all must be investigated. This session will discuss how to set up crisis management systems, performing "triage" on incidents to determine appropriate staffing and involvement of counsel and experts, responses to government document requests, and effective management of on-site investigations by OSHA/MSHA. The program will also cover development of root cause incident investigation reports, and post-incident remedial actions to improve safety and health.

### Adele Abrams: Incentive & Discipline Programs (10:15 am - 11:15 am)

This session will address OSHA policy on incentive and discipline programs, including their impact on injury/illness reporting and issues involving protected rights of workers under Section 11© of the OSHA Act. The presentation will discuss proactive incentive systems that motivate workers to work safely without relying on lagging indicators, and effective discipline systems to prevent safety infractions.

### Vendor Exhibit (during registration and 11:30 am - 12:30 pm)



Sponsored by the Northern Occupational Safety and Health Association, North Dakota Workforce Safety & Insurance, the North Dakota Safety Council and the Grand Forks Convention & Visitors Bureau