



# NOSHA News

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December 2013

## GENERAL MEMBERSHIP MEETING

Wednesday, December 18<sup>th</sup> from 11:30 am to 1:00 pm @ the Speedway Restaurant  
2013 NOSHA Christmas Party, games, door prizes and a short business meeting.

### Holiday Safe Driving Tips

The holidays are here and you know what that means - the kick-off to holiday travel season is about to begin. Nearly 63.9 million Americans will travel 50 miles or more from home during the Christmas holiday travel period. More than 52.4 million Americans (82 percent of all holiday travelers) intend to travel by automobile. Let's take a look at some road safety tips for the Christmas and New Year holidays:

- Make sure that your car is well-equipped for travel. Check the tire tread, battery, antifreeze, windows and brakes. Also check that you have a jack and lug wrench and that your spare tire is properly inflated.
- Allow extra time in your schedule. This is one of the busiest times to travel and patience and flexibility is needed.
- Have a cell phone with you.
- Avoid driving during late night hours. There is an increased incidence of drunk driving during this time, especially on weekends.
- Keep a safety kit in your vehicle. The kit should include a flashlight with extra batteries, jumper cables, first aid kit, water, non-perishable food items, matches, blankets, and flares or other warning devices. You should also include an ice scraper, small shovel and a bag of sand or kitty litter in case you get stuck in the snow.
- Driving while drowsy can be as dangerous as driving after drinking alcohol. Schedule your trip to avoid driving during normal sleep hours. You should plan for at least a 15-minute rest stop every two hours. Limit driving to 350 miles per day or no more than eight hours on the road to avoid drowsy driving.
- Even if the weather and roads look okay in your neighborhood, that may not be the case 200 miles away at Grandma's house. You will also want to check The Weather Channel to find out the weather conditions of the interstates and roads you will be traveling on.
- Wear a seat belt.



### Member of the Month



### BOARD MEETING

Board members meet the first Thursday of the month - 6:00-8:00 pm at the Valdak Corp. 1149 36<sup>th</sup> Ave. S (Valley Dairy)

**NEXT MEETING** January 2<sup>nd</sup>

### 2013 BOARD MEMBERS

**Dan Mankie** (President)  
*Cirrus Aircraft*

**Eric Pearson** (Vice-President)  
*CHS (Cenex Transportation)*

**Joe Strang** (Treasurer)  
*Valley Dairy Car Wash*

**Cindy Holweger** (Secretary)  
*Development Homes*

**Carol Gierszewski**  
*Gierszewski Enterprises*

**Davis Hoverson**  
*Workforce Safety & Insurance*

**Rick Else**  
*Workforce Safety & Insurance*

**Dave Opp**  
*Opp Construction*

**Sally Miskavige**  
*Opp Construction*

**Joe Reynolds**  
*Cirrus Aircraft*

### COMMITTEES

**Communication Committee**  
*(Linda Wiley)*

Visit us at [www.nosha.net](http://www.nosha.net) for the latest updates and announcements!

**Education Committee**  
*(Rick Else)*

Upcoming GM Meeting Presentations  
**January 15<sup>th</sup>** - "I've told them 1,000 times! Good People Behaving Badly - Understanding the key principals of change leadership," presented by - **Matthew Weis, PHR, Dawson Insurance.** -

**Membership Committee**  
*(Dave Opp, Eric Pearson)*

**NOSHA News Editor**  
*(Joe Reynolds)*

**NOSHA** is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals, and ideas to promote workplace safety.