



**FREE Conference** ⇨ Info and On-Line Registration @ [www.nosha.net](http://www.nosha.net)

**SPONSORED BY**

Northern Occupational Safety & Health Association (NOSHA),  
Workforce Safety & Insurance (WSI), Greater Grand Forks  
Convention & Visitors Bureau, Marvin Windows and Doors,  
Opp Construction, Riverview Healthcare Association,  
Altru Health System - Trauma Services and Safe Communities



**Wednesday, October 6, 2010**

Clarion Inn (formerly Holiday Inn)  
1210 N 43rd St  
Grand Forks, North Dakota 58203

8:30 AM – 3:30 PM [Check-In begins at 7:30 AM]

MORNING BREAK SPONSORED BY VENDORS!  
LUNCH WILL BE PROVIDED 11:30 AM – 1:00 PM

**"Safety Leadership"**

**2010 NOSHA Mini-Conference**

8:30 AM – 10:00 AM

**"THE ART OF SAFETY LEADERSHIP – PART 1"**

- OPENING KEYNOTE ▪  
with Bob Uppgren

**8 BEST PRACTICE HABITS OF SAFETY EXPERTS (Part 1)**

1. Choose \_\_\_\_ and \_\_\_\_ the mission safety excellence.
2. Study the safety industry and interview other experts, intensely looking for \_\_\_\_ and \_\_\_\_.
3. Create \_\_\_\_ on what to pay attention to, what things mean, how things work, and how things might turn out when safety is accepted or ignored by organizations.
4. Simplify complex ideas by building \_\_\_\_ that effectively teach safety principles.

10:30 AM – 11:30 AM

**"THE STRATEGIES OF SAFETY LEADERSHIP"**

3 (+ one bonus) strategic tools for Safety Leaders to use tomorrow

BOB UPGREN

OR

**"SAFETY IS OUR #1 PRIORITY"**

2010 National 1st Place Safety Excellence Award Winner for the AGC!

SALLY OPP, MARISSA TAYLOR AND DAVE OPP  
OPP CONSTRUCTION COMPANY  
GRAND FORKS, ND

1:00 PM – 2:00 PM

**"SHARKS & DOLPHINS"**

An Optimistic Outlook On Life and Safety

SHANE SHERECK,  
SAFETY & HEALTH TECHNICIAN  
MARVIN WINDOWS AND DOORS, GRAFTON

OR

**"ERGONOMIC LEADERSHIP"**

Take the Lead to provide a more comfortable and safe office or industrial setting to help your employees work smarter, not harder.

TRACY CAMERON, OTR/L  
COORDINATOR OF OCCUPATIONAL THERAPY AND OCCUPATIONAL HEALTH PROGRAMMING  
RIVERVIEW HEALTHCARE ASSOC,  
CROOKSTON/EAST GRAND FORKS

2:15 PM – 3:30 PM

**"THE ART OF SAFETY LEADERSHIP – PART 2"**

- WRAP-UP SESSION ▪  
with Bob Uppgren

**8 BEST PRACTICE HABITS OF SAFETY EXPERTS (Part 2)-**

1. They shatter the following three \_\_\_\_ of being a safety expert
2. Write, speak, record, \_\_\_\_ their knowledge on the safety industry.
3. \_\_\_\_ (not promote) their expertise, message and cause (value levers revealed).
4. Focus on \_\_\_\_, excellence and \_\_\_\_.

**VENDORS**

- Achieve Therapy LLC  
Grand Forks
- Center Court Fitness Club, Grand Forks
- Fisher Scientific
- Global Safety Network, Grand Forks
- Locators & Supplies  
Fergus Falls
- Merit Care-Stanford Health  
EGF/Fargo
- Riverview Clinic,  
East Grand Forks
- Workforce Safety & Insurance – Lost Control Education  
Bismarck

**SPACES ARE FILLING FAST -**

**GET YOURS TODAY!**

**\$30.00 – Member**

**\$50.00 – Non-Member**

Contact Eric Pearson  
@ 777-3759

or [ericpearson@mail.und.nodak.edu](mailto:ericpearson@mail.und.nodak.edu)

**SPONSORS ARE ALSO WELCOME – Ask Eric for details on how you can support NOSHA and their mission to provide Professional Networking and Training in Safety, Health and Environmental Practices.**

**DURING LUNCH – OUTSIDE IN THE PARKING LOT!**

⇨ TRY YOUR LUCK ON THE **"DISTRACTED DRIVING SIMULATOR"**

⇨ **"ROLL-OVER VEHICLE"** ⇨ CHECK OUT WHAT HAPPENS TO THE DUMMIES WITHOUT SEATBELTS!

**REGISTER EARLY**

**LIMITED SPACE AVAILABLE**