



PO Box 14663
 Grand Forks, ND 58208-4663
 www.nosha.net ♦ info@nosha.net

NOSHA News

September 2015

General Membership Meeting

Wednesday, September 16th at the VFW, 312 DeMers Ave, East Grand Forks MN 56721

Our topic will be "Teenagers and Drugs" presented by Sgt. Travis Jacobson, GFPD

National Recovery Month

Every September, during the observance of National Recovery Month, the Substance Abuse and Mental Health Services Administration (SAMHSA), within the U.S. Department of Health and Human Services (HHS) releases the *National Survey on Drug Use and Health (NSDUH)*.

NSDUH is the primary source of information on the prevalence and impact of mental and/or substance use disorders across the country. To tie in with National Recovery Month, this month's NOSHA general membership meeting will feature a presentation entitled "Teenagers and Drugs" presented by Sgt. Travis Jacobson of the Grand Forks Police Department.

Here are some fast facts about teen substance abuse:

High School and College Students

- According to the University of Michigan's 2014 Monitoring the Future study, one in five 12th graders reported binge drinking at least once in the prior two weeks.
- In 2013, 8.8 percent of youth aged 12 to 17 were current illicit drug users and 11.6 percent were current alcohol users. In addition, 5.2 percent of this age group was considered to have a substance use disorder in the past year.
- In 2013, 22.3 percent of full-time college students aged 18 to 22 were currently using illicit drugs and 59.4 percent were current drinkers.
- The rate of current nonmedical use of prescription-type drugs amongst college students is 4.8 percent.

Family Support

- In 2013, past month use of illicit drugs, cigarettes, and/or binge alcohol use were lower among youth aged 12 to 17 who reported that their parents always or sometimes engaged in supportive or monitoring behaviors than among youth whose parents seldom or never engaged in such behaviors.



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3 Weeks to Go Until Our Annual NOSHA Safety Conference October 6, 2015 Alerus Center

NOSHA will be holding its annual safety conference on Tuesday, October 6th, at the Alerus Center in Grand Forks. *Registration opens August 20th. Visit www.nosha.net for registration.*

This year's program will feature two speakers:



Mark J. Lindquist is a former certified American Red Cross Disaster Action Team member who provided emergency services at Ground Zero, at the Pentagon and on multiple major natural disasters nationwide. Mark also has experience as a Department of Homeland Security consultant who has worked on major metropolitan inter-agency communication disaster exercises with participation from over 13 state, local and national agencies. He has also worked as a wild land firefighter with the National Park Service.



Adele Abrams is an attorney, Certified Mine Safety Professional and trained mediator who is president of the Law Office of Adele L. Abrams P.C. in Beltsville, MD, Denver, CO, and Charleston, WV. The firm represents employers in OSHA and MSHA litigation nationwide. Adele also provides consultation, safety audits and

training services to regulated companies. She is an adjunct faculty member at the Catholic University of America. Adele is a member of the Maryland, D.C. and PA Bars; the U.S. District Courts of MD, D.C., and TN; the U.S. Court of Appeals, D.C. Circuit, and the United States Supreme Court. She is a graduate of George Washington University's National Law Center, and earned her B.S. in Journalism from the University of Maryland, College Park. Adele is an active member of the American Society of Safety Engineers' construction, mining and consulting practice specialties. In 2000, 2008, 2011 and 2012, Adele received Safety Professional of the Year awards from ASSE. She is also chair of the National Safety Council's Committee on Regulatory, Standards and Legal Affairs and is on the board of the Chesapeake Region Safety Council. She is co-author of the textbooks *The Safety Professional's Handbook* and *Construction Safety Management and Engineering*.

BOARD MEETING

Board members meet monthly from 11:00-1:00

NEXT MEETING August 8

2015 BOARD MEMBERS

Dan Mankie (President)
 Cirrus Aircraft

Eric Pearson (Vice President)
 CHS (Cenex Transportation)

Tony Vigness (Vice President)
 Black Gold Farms

Callie Wagner (Treasurer)
 Minnkota Power Cooperative

Cindy Holweger (Secretary)
 Development Homes

Joe Strang
 Valley Dairy Car Wash

Lyle Ross
 Vigen Construction

Dave Opp
 Opp Construction

Sally Miskavige
 Opp Construction

Dean Riley
 Steffes Corporation

COMMITTEES

Communication Committee/Newsletter
 (Tony Vigness)

Visit nosha.net for the latest announcements!

Education Committee
 (Lyle Ross, Tony Vigness)

Upcoming GM Meeting Presentations

September: Sgt. Travis Jacobson, GFPD—

Teenagers and Drugs

October: TBD

Membership Committee

(Dave Opp, Eric Pearson)

NOSHA is a non-profit organization formed to provide area safety professionals a direct way of sharing safety concerns, goals, and ideas to promote workplace safety.